

St Michael's Primary School



CANTEEN MENU 2019

OPEN MONDAY AND FRIDAY

COLD ITEMS		
Rating	Item	\$
	Salad (no meat) sandwich/wrap/roll	3.50
	Chicken & Salad sandwich/wrap/roll	3.50
	Ham & Salad sandwich/wrap/roll	3.50
	Ham sandwich/wrap/roll	2.00
	Ham & Cheese sandwich/wrap/roll	2.50
	Egg, lettuce & mayo s'wich/wrap/roll	2.50
	Cheese sandwich/wrap/roll	2.00
GFA	Sushi (chicken teriyaki , tuna and avo, chicken and avo)	3.80
GF	Rice paper roll (chicken or tuna)	3.80
GF	Salad box (with ham or chicken)	4.00

HOT ITEMS		
Rating	Item	\$
	Toasted jaffle - baked beans	3.00
	Toasted jaffle - spaghetti	3.00
GF	Corn on the cob - fresh	1.00
GFA	Toasted sandwich – Ham or cheese	2.50
GFA	Toasted sandwich - Ham & cheese	3.00
GFA	Toasted sandwich – Ham, cheese and tomato	3.00
GFA	Pasta Bolognese	4.00
GF	Nachos with bolognese and cheese	4.00
DF	Souvlaki- Lamb	4.00
GF	Fried rice	4.00
	Pizza (homemade)- hawiiian	3.00
GF	Soup- Chicken and corn with a roll	2.50

ONLY AVAILABLE FRIDAY

	Pie FRIDAY ONLY	4.00
	Party Pie (ea) FRIDAY ONLY	1.70
GFA	Chicken Nuggets (ea) FRIDAY ONLY	0.80

Green = Healthy choice

Yellow = Moderate choice, choose carefully

GF= Gluten free

DF=Dairy Free

GFA=Gluten Free Available

DRINKS		
Rating	Item	\$
GF	Bottled Water	1.00
GF	Low fat milk (Sipha straw available)	1.00
	Warm Milo	1.00
GF	100% Juice (Apple, Orange & Apple-blackcurrant)	2.00

SNACKS		
Rating	Item	\$
GF	Frozen season fruit (e.g grapes, or watermelon)	0.50
GF	Watermelon cup	1.00
	Garlic bread-homemade	0.50
	Cheesy wholemeal ½ sandwich	0.50
GF	Custard cup	1.00
	Pasta cup	1.00
GF	Biscuit	0.50
GF/DF	Freshly cooked popcorn	0.50
GF/DF	Soup- Chicken and corn	1.00

NICE & ICY		
Rating	Item	\$
GF/DF	Frozen fruit	0.50
GF	Moozies – frozen milk	1.50
GF	Yoghurt stick	1.50
GF	Ice cream cup	1.50
GF/DF	Homemade icy pop	0.50

Please write your CHILD'S NAME, CLASS and FOOD SELECTION onto a brown paper bag & enclose money inside. For orders for more than one child, please put all lunch orders plus total money together with the eldest child's lunch order. All orders require a lunch bag.

Please note: Snacks and frozen items will not be supplied with lunch orders - these items are available to purchase separately at the canteen counter.