

St Joseph's Parish School Newsletter



Issue 12 Term 3 5 August, 2020

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"Never see a need...

without doing something about it!"



Learners

From the Principal

Important information regarding changes to advertised events

Given the impact of the current health situation on us all, it comes as no surprise that schools and local communities will need to respond to changes and be flexible in their planning. For this reason I would like to bring the following changes to your attention. Some have already been posted on Compass, though others have been more recent.

- Book Week - has been postponed from 24 - 28 August to 17- 23 October.
- The pupil free day planned for September 11 has been moved to Friday 25 September (last day of Term 3).
- The Retreat Days for students celebrating the Sacraments of Penance and First Holy Communion will now be held on Wednesday 23 September and 24 September (Week 10) respectively.
- The Shell Questacon Science Circus visit has been postponed as has the African Drumming sessions.

Whilst we have made these changes we are pleased we can offer other creative ways to access the following learning opportunities:

- Our Music programme is going ahead through the use of Zoom with Mr Chris Bodey and Mr Peter Wardrobe from the South West Music Regional Conservatorium.
- Our Yr 3- 6 students will participate in a Sydney Living Museum Virtual Excursion to Sydney Convict Barracks on 26 August as part of the History Curriculum.
- Our students will also participate in a session with Dr Karl Kruszelnicki, one of Australia's most well-known and loved scientist who is now the winner of a United Nations award for science communication, on 23 September and 11 November via Zoom.
- As the students will continue to practise their skills as part of P.E. lessons, we are planning to stage a Joey Olympics over Weeks 5,6,7, and 8. More details in our next Newsletter.
- We will also celebrate Science Week in Week 5, with more details next week.

Celebrating the Feast Day of St Mary of the Cross MacKillop - Thursday 6 August

St Mary of the Cross MacKillop and the religious order she founded, The Josephites, are inextricably linked to our school. In December 1890, three Sisters of the black St Joseph's order arrived in Hillston and formed a noviate. During the following year the school was built and opened in January, 1892. In 1902 the Hillston Sisters amalgamated with Mary MacKillop, North Sydney and thus the Sisters of Hillston became known as the brown St Joseph's Sisters as we know them today.

Without Mary's vision and faith and the tenacity of her fellow Sisters, our school and many of the schools across this Diocese and indeed Australia would not exist. Her work saw the birth and development of Catholic Education as we know it today and so it is fitting that we take the time on her Feast Day, to remember, celebrate and honour her. Her actual Feast Day is Saturday August 8, however due to our Music programme, we have chosen Thursday to mark this day.



This bronze statue of Mary holding hands with two children is in the plaza adjacent to Adelaide's St Francis Xavier's Cathedral.

Let Your Light Shine Before All

Responsible

Respectful

Principal's Message

Due to Covid -19 restrictions we are unable to invite parents and friends to our Mass or planned activities. This does cause us great sadness, but hopefully our plan to share the day electronically will be successful.

Plans for the day include:

- Mass at 11.15 am - and as mentioned we will not be able to invite parents and families to join with us
- After Mass we will gather in the Mary MacKillop Hall to view a "walk down memory lane" slide show showing how the area that this space now covers was once the Josephite Convent and original church. We plan to share this on Compass so that all families can see how this particular area of our school has changed over the years.
- Our SRC students in each class will then plant new shrubs in our reflection garden as we draw attention to the original gates that once led from Aidan Street to the Convent which have now been placed in this garden space.
- Recess and lunch times have been swapped - recess will be at 10.35 - 11.00 am and lunch 12.40 - 1.30 pm.
- After lunch the students will participate in activities.

Mr Anthony Gordon, Director of Catholic Education for Wilcannia-Forbes and Mrs Vicki Bourne-Fallon, our School Consultant, will be joining us on the day. Both of these visitors will be on official business and their presence falls within current Catholic Schools NSW Covid-19 guidelines.

We are hopeful that the weather holds out and we can enjoy the planned activities, however, given the current forecast we may need to be flexible with some of the planned activities.

Using the new Chromebook charging station

Thank you to the families who have sent their forms back to school indicating whether they plan to make use of our new lockable charging station. This new arrangement will begin next week, however we are waiting on chargers from the CEO for the newer style Chromebooks students in Years 1 and 4 are using. We will need to be a little flexible over the next few weeks as we work around this challenge.

P and F News

Our P&F Association is continuing to meet via Zoom this term. The Committee has plans for fundraising activities which I urge families to support. In particular the upcoming Road Side Clean Up event on Saturday September 5 is one where many hands can make light work. If every family could give at least an hour on this day, the task would be so much easier. The P&F Committee is also discussing what the 2020 Christmas Tree might look like. Please read the P & F page for more information. All the students and staff were very excited to see the canteen operating on Monday, and if you are able to help out to ensure this is a weekly happening, please contact Mrs Jen Cleton or any member of the executive.

Interviews for Kindergarten 2021

Parents who have lodged their application to enrol their child in Kindergarten 2021 will be contacted this week to organise an appointment.

Enrolments for Kindergarten, and other classes for 2021, will remain open after this date. Interested families are requested to call the Administration Office to collect an application form or to make an appointment with the Principal if they have any queries.

Sharing a valuable resource for parents - Continuum Psychology

Dr. Julie Hollitt is a psychologist, academic, author, trainer, mentor and coach. Her entire career has been spent working in, or consulting with, the education sector including all levels of formal schooling and post-school education. She has been involved in private practice and consulting work in educational and developmental psychology for over 25 years. Relationships, behaviour and well-being are areas of particular interest and expertise that are frequently called upon in her consultation work with professionals involved in working with children, young adults and their supportive systems.

Continuum Psychology is a coaching and mentoring service for anyone who works with children and young adults and their systems of support.

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Principal's Message

Apart from parents, carers and teachers, clients have included educational authorities, allied health professionals, leadership teams and individuals (e.g. school principals), and non-government organisations responsible for the health and well-being of children and young people.

If you are involved with supporting and guiding children or young adults in any way, Continuum Psychology is well-equipped to listen, respond and interact with you effectively around emerging needs.

Continuum Psychology offers all sessions on-line. This creates **a unique opportunity to access high quality training/mentoring flexibly and confidentially, according to your needs, no matter where you are located.** Her web address is www.continuumpsiychology.org.

Other ways to support your child's learning across the Curriculum:

Reading: Home reading is a non-negotiable for all students. Parents are encouraged to listen to their child/children read every night and then to ask questions to ensure comprehension skills are developed. In particular, those students in Years 3-6 who have elected to participate in the OnLine Book Club with St Ignatius in Bourke as part of the daily literacy block are reminded that it is imperative to read the text that is being studied.

Music: Encourage your child to practise their ukulele skills for 10 minutes each day. Music is part of the Curriculum, so it is valuable that students develop their skills in this area. A tuning app will be posted on Compass that will assist parents to ensure their child's ukulele is tuned. This is vital for the sound.

Home Enrichment Tasks: We will be offering guidelines for students who may wish to deepen their learning through taking advantage of a variety of enrichment tasks focussed on the CWA competitions. This will be shared in the coming days via Compass and student email.

And finally I would like to offer this prayer to St Mary of the Cross MacKillop. You may also wish to reflect on some of her words of wisdom written by her so many years ago which are so very apt for us today.

B. Hay



Children's Prayer to Saint Mary of the Cross MacKillop

God, who loves us dearly,
we thank you for the life of Saint Mary
MacKillop.

She showed us how to love and care,
for each other and how to trust you
when everything seemed wrong.

We ask her to pray with us at this time.

May Saint Mary of the Cross MacKillop help
us to follow Jesus always.

We ask this through Jesus. Amen

We must always expect from
time to time to receive
crosses and know that we
also give them (1882)

Love one another, and let
charity guide you in all
your life (1909)

Do not let your troubles
disturb your trust in God
(1874)

Do your best and God will
bless your efforts (1889)

love one another, and let
charity guide you in all
your life (1909)

Believe the whisperings
of God in your own heart
(1868)

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Our Sport Initiative



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Jump Rope for Heart kicks off this term!

Jump Rope for Heart is a fantastic physical activity and fundraising program that has been run by the Heart Foundation for over 36 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.



Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$104 million for the Heart Foundation's lifesaving work.

It's important you [register your child online](http://www.jump rope.org.au/parents), so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.
www.jump rope.org.au/parents

Students will be skipping *during sport and encouraged to also skip at play times*. During this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school Jump Off Day on *Thursday 17 September (Week 9)*, this will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Keep an eye out skipping challenges sent home which are aimed at encouraging students to try new skills while skipping

Thank you for supporting the Jump Rope for Heart program!

Jumprope.org.au
Jump.rope@heartfoundation.org.au
1300 724 804



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Assembly 29 July 2020

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Class Awards: Yash, Rachael, Rohith, Xavier, Saxon, Evie and Amira.



Principals Awards: Amira, Yuvraj, Austin, Gabbie and Georgia.

Responsible



100 Nights Reading Award: Virajveer, Ari, Rohith, Chantelle, Natalie and Keerthana .



150 Nights Reading Award: Gabbie and Kiah.

Just a reminder...

- Please return art folders to school.
- Save and send in green and/or brown plastic lids to complete our mural.

Respectful

Our Lady of Good Counsel Mass roster

Please see roster for the coming weeks below;

9am Sunday	Altar Serving	Reading Liturgy of the Word	Reading Prayer of the Faithful	Church cleaning
9 Aug	Justin McGuinness	Carole Storrier	Libby Flood	J & I Sarkis
16 Aug	Xavier Auld	Lyn Manton	Gergi family	Ita Milthorpe



Sports Awards: Matilda and Lachlan.

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Parents & Friends News

We have been very busy behind the scenes in this strange time!

Thank You to Mrs Lola Mulcahy and to Mr Ron Mulcahy (the delivery man) who have been busy making homemade pies for our current fundraiser. Please see the poster for further information!

Please come along to the next meeting with ideas on a "virtual" COVID safe Christmas tree. We have been busy applying for grants and workshopping ideas on how to keep this great event going this year!

Mrs Emma Laird has been very busy organising another Trivia night for our children and other friends. Please keep an eye out for more information regarding this wonderful event!

NEXT P&F MEETING

Monday 17th August at 5pm

We are calling for items to be added to our agenda, so please contact Belinda Mulcahy 0417 825 258 or the school office.

If you have ideas, or are able to help at any events please come along to the meeting or let us know!

Save the Date

Roadside Clean Up - Saturday 5th September 2020

Canteen - calling for helpers!

Term 3 Canteen Roster			
	Helper 1	Helper 2	Bolognese Cook
Monday 10th August 2020	Jenny Cleton		
Monday 17th August 2020	Tabatha Sarkis		
Monday 24th August 2020	Emma Laird		Cathy Meyer
Monday 31st August 2020	Jenny Cleton		
Monday 7th September 2020	Belinda Mulcahy		
Monday 14th September 2020			
Monday 21st September 2020	Emma Laird		

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WE DELIVER!

P&F ASSOC

Home Style Foods

Lola's

HOMEMADE PIES

Apple & Raspberry. Apple & Blueberry
. Beef & Vegetable.

STAY HOME ✓

STAY SAFE ✓



\$5.00 each

FREE LOCAL DELIVERY

Lola Tel: 02 69672 199
School Office - 02 69672 462



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Work Health & Safety

KEEPING CHILDREN SAFE IN AND OUT OF THE CAR

A child who is properly secured in an approved child car seat is less likely to be killed or injured in a crash than one who is not.

Children aged between four and seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child car seat.

National child restraint laws require your child to be restrained in the car as follows:

- 0 – 6 months Approved rear-facing child car seat.
- 6 months – 4 years Approved rear or forward-facing child car seat.
- 4+ years Approved forward-facing child car seat or booster seat.
- 145cm or taller Suggested minimum height to use adult lap-sash belt.

Here are a few things you can do to help keep your children safe in and out of the car:

- Children should remain in the car until an adult opens the 'Safety Door'. This is the rear footpath side door of the car.
- A sleeping child must remain firmly buckled up while in the car.
- Assist your children to buckle up – always check the seatbelt is buckled up firmly and not twisted.
- Make it a rule that every passenger must be securely buckled into a seatbelt or child car seat before you start the car.
- Always help your child get in and out of the car through the 'Safety Door'.

Never leave a child of any age in a vehicle without adult supervision. Children may rapidly suffer from dehydration, heat exhaustion and organ failure if left unattended, especially on hot days.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au



SCHOOL ATTENDANCE

Regular attendance at school for every student is essential if students are to maximise their potential. Schools, in partnerships with parents, are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff, as part of their duty of care, monitor part or whole day absences. Schools, in providing a caring teaching and learning environment, which addresses the learning and support needs of students, including those with additional learning and support needs or complex health conditions, foster students' sense of wellbeing and belonging to the school community.

Parents are responsible for:

- enrolling their children of compulsory school age in a government or registered non-government school or registering them with the NSW Education Standards Authority (NESA) for home schooling;
- ensuring that their children attend school every day the school is open for their instruction;
- explaining the absences of their children from school promptly and within 7 days to the school;
- working in partnership with the school to plan and implement strategies to support regular attendance at school, including communicating with the school if they are aware of issues impacting on their child's attendance or engagement with school.

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